

First go to <http://www.newsweek.com/id/172561/> and read an article there, you may find a glossary below particularly helpful. After you've finished, proceed to Exercise #8.

Glossary + useful links

Methuselah – a biblical character who supposedly lived 969 years ([more](#))

Juan Ponce de León – a Spanish conquistador who lived from 1474 to 1521 associated with the legend of the Fountain of Youth ([more about him](#); [more about the Fountain](#))

longevity-bestowing – offering a prolonged life duration

downright – used as an intensifier

quixotic – unrealistic, impractical

supercentenarian – (mispronounced in the text) someone who has reached the age of 110 or more; while **centenarian** is of course someone over 100 ([more](#))

Mack truck - one of the world's leading truck-manufacturing companies, part of Volvo Group ([more](#))

rhesus monkeys – ([more](#))

fall short – fail to meet (expectations, standards)

lest – for fear that

rev up – speed up

fizzle out – end weakly

telomere - ([more](#))

lung fibrosis – ([more](#))

All of the links will take you to an English version of Wikipedia. Oftentimes you will have your native version of the same article or a version in simple English. If you don't understand something, feel free to switch :)

Find more at: <http://eslmaster.wordpress.com>

Exercise #8

Below you've got a list of words taken from the text with numbers indicating at a proper paragraph. Match them with their explanations in the box. Additionally, try to find the synonyms of some of the words (given in capital letters with blank spaces).

- 1# flabby
- 1# sluggish
- 1# tinker

- 2# elusive
- 2# quack

- 2# hawk

- 2# unravel

- 3# strain
- 3# tack

- 5# defy

- 8# pang

- 9# inflammation

- 10# hinder

- 11# crumple
- 11# much-heralded
- 11# skinny
- 11# lean

- 14# blockbuster
- 14# forestall

- 16# battery
- 16# gauge

an unusually successful hit; M_G_H_T
a response of body tissues to injury or irritation characterized by pain and swelling and redness and heat; R_D_ES_
a sudden sharp feeling
an untrained person dispensing medical advice
difficult to detect, grasp; _U_T_E
difficulty that causes worry or emotional tension; B_R_E_
do random, unplanned work; _I_D_E
fall apart, destroy
fix to, attach; _PP_N_
keep from happening; _RE_E_T
lacking excess flesh; _HI_
lacking firmness or stiffness
literally: separate the fibers or threads of sth; _IS_N_A_G_E
measure precisely usually against a standard
prevent the progress of sth; _LO_K
resist; _I_H_T_N_
slow and apathetic; _N_C_I_E
unattractive thinness; _ND_R_E_G_T
widely announced

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